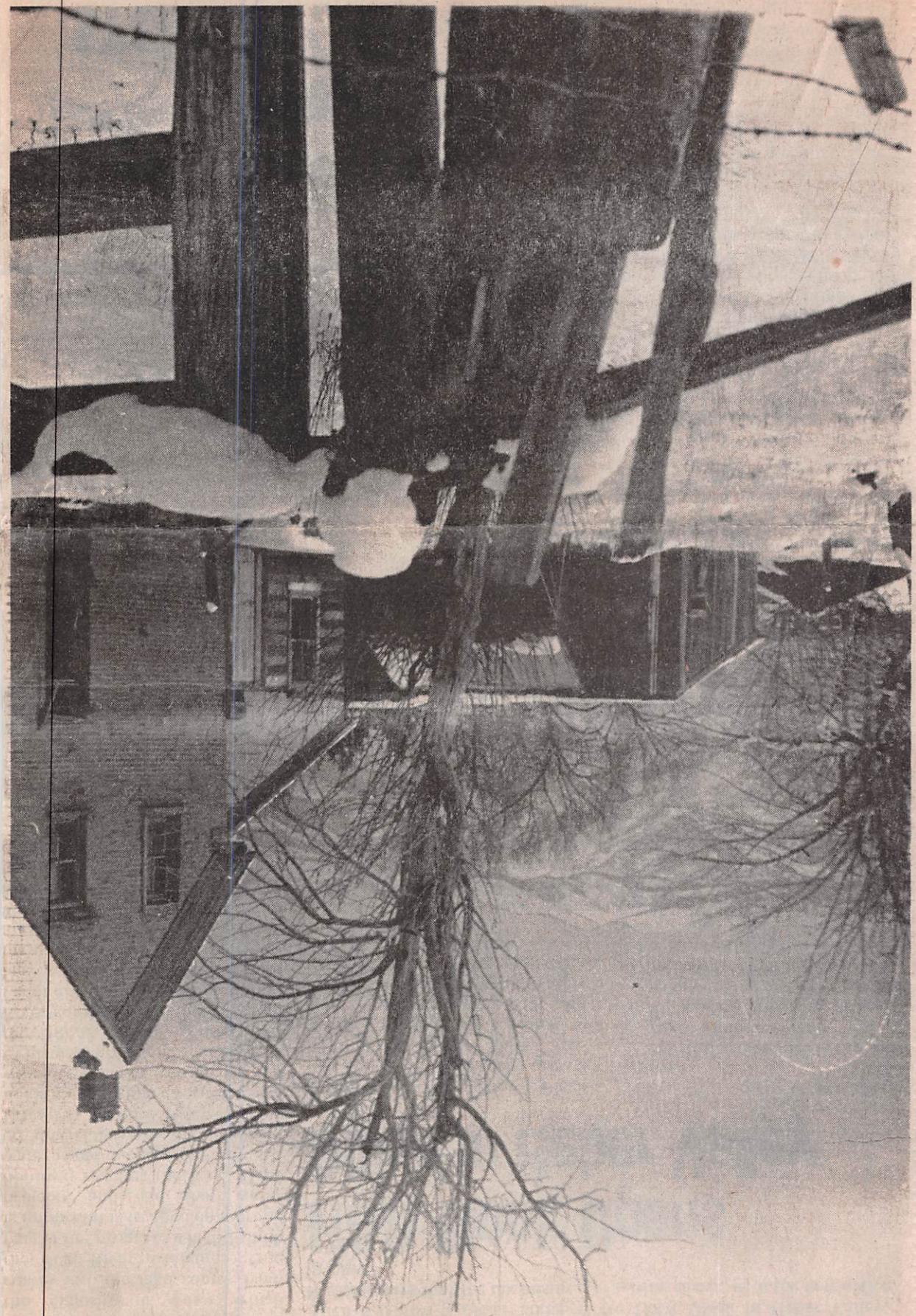


much of the valley on Tuesday night.

Black gloomy weather still clouds over the valley as

a

cold front moves through the area. Snow fell over



The repayment
or those features

takes approximately \$25 million to fund the new students. From this you can see there is still a substantial increase in the ongoing program.

Back to the Flooding problem the majority of water which comes into the lake comes from the Bear River drainage. One part of the program which I think is important is to develop storage projects and use that water before it reaches the lake. This water could eventually be diverted down through the Wasatch Front to Central Utah. This holds some promise for the areas which contribute water to the Central Utah Project especially the Uintah Basin. If the Bear River contributes to the Wasatch Front and Central Utah it should leave more water for development closer to where it originates. These are parts of a state water plan which is finally being formulated, much better than having the federal government doing it for us.

Allen Rushton is office manager for H&R Block in Heber Valley. Rushton says that the tax business is getting easier, with the new office in town.

H&R Block Opens Office in Heber Valley

HEBER CITY—H&R Block has found that there are a number of Heber Valley residents travel to Utah Valley to have their taxes evaluated, and for the convenience of valley residents, they have opened an office here in Heber City.

Allen Rushton, Office Manager, said that the H&R Block group opened the office to provide the residents of the

valley with quality tax preparations.

"H&R Block's policy is that we do taxes for everyone," said Rushton. "Sometimes we'll need a specialist, and we'll refer the clients case to another office."

The new office is located in the bottom of the Century 21 building, located north of Heber City. The office hours are from 10-5, and the office is opened Monday thru Saturday.

Food Program is Available in Wasatch

the year and children up to five years of age may also qualify for assistance.

Sponsored by the United States Department of Agriculture, the program is administered by the Division of Family Health Services, Utah State Department of Health, through local health clinics.

The program provides women with foods high in iron, protein, calcium and vitamins A, C, and D. These are believed to be effective in reducing complicat-

ions of pregnancy, in increasing birth weight of infants, and in providing maximum potential for mental and physical development.

The foods prescribed for infants and children are designed to promote optimal growth during their critical period of development.

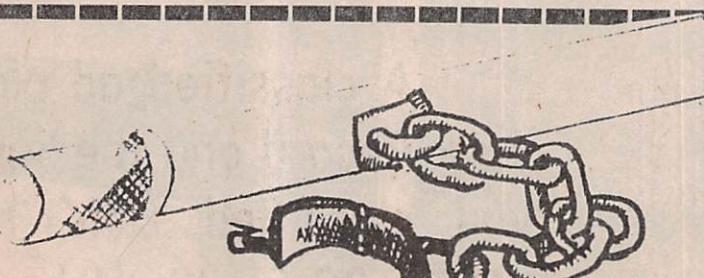
Primary concern of the program is to deliver preventive health care. Through dietary counseling and nutrition education, participants come to under-

stand the relationship between good nutrition and their health. Furthermore, participants needing other health or social services are identified and referred to appropriate agencies.

To be eligible to receive foods under the WIC Program, infants, children, and pregnant or lactating women must meet all of the following criteria:

1. They must be residents of Wasatch County.
2. Must be financially eligible.
3. They are certified by competent professionals from the Wasatch City-County WIC Agency as being nutritionally at risk because of anemia, inadequate growth patterns, low birth weight, inadequate dietary patterns, a high risk pregnancy or disease or conditions which directly or indirectly alter nutritional status or the adequacy of dietary intakes.

Anyone interested in obtaining WIC services may call or visit the Wasatch City-County Health Department, 55 West Center, Heber City, Utah, the first, second or third Tuesday of each month or call 654-2700 and ask



STOP SMOKING CLINIC